



Three Rivers District Health Department

Local Community Survey: Cardiovascular Risk

Question	Number of Responses		
	Carroll	Gallatin	Owen
What are the 3 most important things needed for a healthy community?			
Access to healthcare	207	74	265
Parks and recreation	57	25	86
Healthy behaviors and lifestyles	91	27	123
Low adult death and disease rates	10	5	19
What are the 3 greatest health problems in your community?			
Aging problems	110	44	162
Dental problems	113	42	117
Diabetes	109	49	177
Heart disease and stroke	178	56	321
High blood pressure	96	43	166
Infectious Disease	13	4	12
Respiratory/lung disease	86	25	67
Alcohol/drug abuse	310	144	551
What are the 3 most risky behaviors in your community?			
Alcohol abuse	454	200	622
Being overweight	207	88	348
Lack of exercise	83	43	135
Poor eating habits	94	31	171
Tobacco Use	238	109	405
How would you rate your county as a Healthy County?			
Very unhealthy	28	10	32
Unhealthy	126	56	143
Somewhat healthy	400	182	657
Healthy	111	63	240
Very healthy	15	4	8
No response	12	5	20
How would you rate your own personal health?			
Very unhealthy	15	10	18
Unhealthy	35	21	63
Somewhat healthy	267	140	366
Healthy	283	125	488
Very healthy	74	16	132
No response	18	8	33

Source: 2009 Local MAPP Community Survey

